

# What have we already learned?

## Why is this important?

You may already have a fair bit of knowledge about the project or program you are planning. This worksheet is designed to capture some of those insights so that: 1. You can explain how these insights have shaped your plan; and 2. They don't get lost as you jump into this next phase of work. You can spend a bit of time reflecting on how what you have already learned can be applicable going forward.

Reflect on what you have already learned and how that learning has informed the design of this project or program.

## What do we already know? What knowledge informs our project/program?

- About the challenges that participants or service users face?
- About the actions that are most likely to make a difference?
- About the skills and capacities that our participants or service users already have, and their views on the help they need?
- About the resources that exist in our community?
- About the challenges we may face in taking action?
- About the people or groups that are important to involve in our work?

## How does this knowledge inform the actions we take?